

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Gareth Frost**

Has successfully participated & completed the

**60km Ezemvelo Presented by BoutTime & Navworld**

held at Cowhouse Market.

**TIME 02:56:26**

**PACE 20.40km/h**

**OVERALL 62 of 255**

**GENDER 57 of 212**

**VETERAN 21 of 79**

02 April 2016, Sat

Date



*BoutTime*

Signature

